CITY OF SOUTH BAY CHRONICLE

MARCH 2024





Our City's Growth & Success

As we enter the new year, we are thrilled to announce that our city has experienced significant growth and success.

Our hardworking team has successfully implemented new strategies and projects, resulting in an increase in revenue and market share.

Election March 19, 2024 7am-7pm

March 5, 2023



WE ENVISION A SUSTAINABLE ECONOMY,
LET US GROW TOGETHER.

WWW.SOUTHBAYCITY.COM

CITY EVENTS











kylesj@southbaycity.com

AS WE ENTER THE NEW YEAR, I WOULD LIKE TO ACKNOWLEDGE THE ACHIEVEMENTS OF OUR CITY IN THE PAST YEAR. WHILE I AM EAGER TO LEAVE BEHIND THE CHALLENGES AND DIFFICULTIES OF 2023, IT IS IMPORTANT TO RECOGNIZE THE HARD WORK AND DEDICATION OF OUR CITY COMMISSION, CITY MANAGER, AND STAFF IN ACHIEVING OUR GOALS. 2023 ALSO GAVE ME AND THE COMMISSIONERS THE ABILITY TO BE OUT IN THE COMMUNITY. I AM AMAZED AT WHAT WE ACCOMPLISHED IN THE YEAR OF 2023.

I AM PARTICULARLY PROUD OF OUR STAFF'S EFFORTS IN RESPONDING TO OUR RESIDENT'S NEEDS AND FINDING INNOVATIVE WAYS TO MEET THEM. ON THE FOLLOWING DAYS THE ENTIRE STAFF WORKED TO DISTRIBUTE FOOD TO THE RESIDENTS AND OTHER EVENTS. IN ADDITION, TO THE KEY PROJECTS, THE CITY STAFF TEAM CONTINUES TO PROVIDE HIGH-QUALITY CUSTOMER SERVICE WHILE PROCESSING SEVERAL REQUESTS FROM RESIDENTS AND FINDING WAYS TO MEET THE NEEDS OF OUR COMMUNITY.

MOVING FORWARD, I AM COMMITTED TO WORKING COLLABORATIVELY WITH THE CITY COMMISSION, OUR STAFF, AND THE COMMUNITY TO CONTINUE OUR PROGRESS TOWARD OUR SHARED GOALS. TOGETHER, WE ARE EXCITED TO KEEP THE MOMENTUM GOING WHEN IT COMES TO PROJECTS AND EVENTS IN THE WORKS; WHILE BEING COMMITTED TO WORKING WITH RESIDENTS. I BELIEVE RESIDENTS PROVIDE A WEALTH OF IDEAS AND PERSPECTIVES.

THE CITY OF SOUTH BAY IS A WONDERFUL COMMUNITY BECAUSE OF THE CONTRIBUTION OF EVERYONE THAT LIVES AND WORKS HERE. I WANT TO EXTEND MY WARMEST WISHES TO ALL RESIDENTS FOR A JOYFUL AND PROSPEROUS 2024. TOGETHER, WE CAN MAKE OUR CITY AN EVEN BETTER PLACE TO LIVE, WORK, AND RAISE A FAMILY. AND I AM VERY PROUD TO REPRESENT THIS CITY WE CALL HOME.

THANK YOU!

NEWSLETTER HIGHLIGHTS



COMMUNITY CONVERSATION

February 6-8, 2024



Contact Information

Telephone: 561-996-6751

Fax: 561-996-7950

Address: 335 SW 2nd Avenue

South Bay, FL 33493

Hours: 7:30 AM-5:00 PM

After 4pm by appointment only!

https://www.southbay city.com/ to subscribe for newsletter and updates.

NEWSLETTER HIGHLIGHTS



2ND ANNUAL
"LOVE OUR COMMUNITY"
BICYCLE RIDE & BREAKFAST
WITH THE MAYOR

COMMUNITY **EVENTS**



GLADES PIONEER PARK 866 S.R. 715, Belle Glade, FL 33430 January 2024 - March 2024 Wednesdays: 5:30 p.m. - 6:30 p.m

Kicking off the New Year!



ADES FIT







YOGA SESSIONS

Kick off the New Year getting active for 2024

Starting January 23, **Chair Yoga Sessions** will be offered

Tuesdays and Thursdays For 1 hour at 4pm

Glades Pioneer Park Multipurpose Room 866 SW 16th St. Belle Glade, FL 33430 (Next to the Orange Bowl Field)











Thursdays

11:00am -12:00pm

Walking for Better

Health

Improved Fitness and

Less Pain

Space is limited,

Walk with Ease Arthritis Foundation



Experience the Walk With Ease Program **Arthritis Foundation Certified. Doctor Recommended**



"When I started the program, I was afraid to walk very far because of my knee pain. But Walk With Ease helped me start slow and build up gradually. Now I am confident in my ability to walk easily without making my arthritis worse.

- Walk With Ease participant

The **Arthritis Foundation Walk With Ease Program** is a exercise program that can reduce pain and improve overall health. If you can be on your feet for 10 minutes without increased pain, you can have success with Walk With Ease.

Benefits to You

- Motivate yourself to get in great shapeWalk safely and comfortably Improve your flexibility, strength and stamina
- ▶ Reduce pain and feel great

February 15, 2024 Through March 28, 2024 Thursdays 11:00am - 12:00pm

Location: 866 S.R. 715, Belle Glade, FL 33430 Cost: FREE

Space is limited, sign up today! Please contact Gary Blake at: Phone: 561.993.3892



Email: glblake@pbcgov.org







H2FI Community Food Distribution





EVERY SATURDAY

Serving Ministries 625 Palm Beach Road South Bay, FL 33493

Register to receive JBF Membership Number Distribution starts promptly

Food distribution to families in need. First come, first served until food runs out.

For more information: Teresita 786-303-5559 Elmo 901-238-0638







Fxercise Fitness Program

Walk With Ease is a FREE fitness program shown to reduce pain and improve your health. Brought to you by experts you trust at the Arthritis Foundation, Walk With Ease provides techniques to build and maintain a successful walking program into your daily lifestyle.

Walk With Ease Arthritis Foundation



CONTACT INFO

Gary Blake Phone: (561) 993-3892 Email: glblake@pbcgov.orç

LOCATION:

COMMUNITY **EVENTS**



2024 Calendar CAR SEAT CHECKS in the Glades For appointments, call 561-389-2734

> 9am - 12pm One Thursday each month

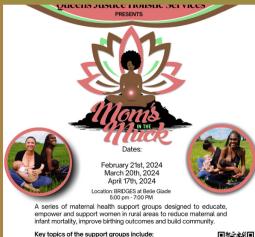
<u> </u>		
South Bay	Pahokee	Belle Glade
Station 74	Station 72	Station 73
530 U.S. Hwy 27 N.	615 S. Lake Ave.	525 SW 2 nd ST.
33493	33476	33430
January 25	February 22	March 28
April 25	May 23	June 27
July 25	August 22	September 26
October 24	November 21	December 19













Mental Health: Perinatal & Postpartum

Mental Health
 Physical Health
 Self Care
 Intimate Partner Violence

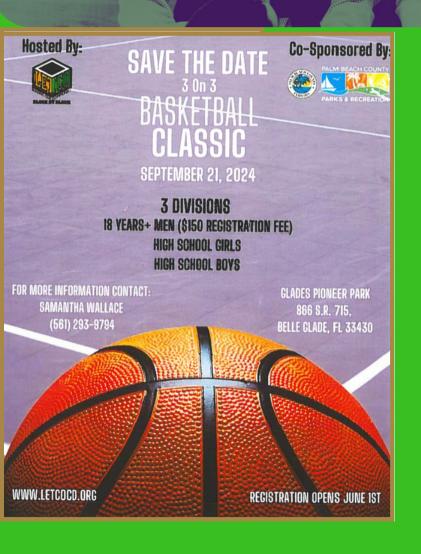
BreastfeedingChild Birth EducationPregnancy at 35 yearsDoula Support















AVAILABLE RESOURCES



Christmas of Hope

Christmas of Hope aims to bring hope to families encountering hardships throughout the year, especially during Christmas.

Christmas of Hope



findhelp.org by findhelp - Search and Connect to Social Care

Search and connect to support. Find financial assistance, food pantries, medical care, and other fre...

findhelp.org



findhelp.org by findhelp - Search and Connect to Social Care

Search and connect to support. Find financial assistance, food pantries, medical care, and other fre...

findhelp.org

Apply For Assistance

In order to be considered as a recipient of The Dysphagia Outreach Project's Dysphagia Food Bank, the following criteria must be met

🗯 Dysphagia Outreach Project

Resources

FCHC Belle Glade

OFFERING HIGH QUALITY, PRIMARY & SPECIALTY CARE FOR CHILDREN, ADOLESCENTS & ADULTS

Yves Pierre-Louis
MD, Family Medicine



Patrice Pétion APRN



941 SE 1st Street Belle Glade, FL 33430

Phone: (561) 518-7001

WWW.FCHCINC.ORG



Florida Community Health Centers, Inc.

Primary & Specialty Care Since 1976

ofore Birth & Bounnel | Let Our Family Take Care of Your

PRIMARY SERVICES

- ADULT PRIMARY CARE
- PEDIATRIC PRIMARY CARE
- PHYSICAL EXAMS
- IMMUNIZATIONS
- LABORATORY TESTING
- TELEHEALTH
- VISION AND HEARING TESTS
- DIABETIC EYE EXAMS

PREVENTIVE SCREENING

- WOMEN'S HEALTH SERVICES
- HIV / STI TESTIING
- DIABETES (BLOOD SUGAR)
- COLON & PROSTATE CANCER SCREENINGS

ADDITIONAL SERVICES

- SLIDING FEE SCALE PROGRAM
- HEALTH BENEFIT COORDINATION
 - SNAP
 - MEDICAID
 - FLORIDA KIDCARE
 - MARKETPLACE ENROLLMENT
- COVID-19 TESTING
- FREE COVID-19 VACCINATION

MONDAY TUE / WED /THUR FRIDAY 8AM - 6PM

8AM - 5PM

8AM - 4PM

LIKE us on Facebook: @fchcinc

Hablamos Español. Nou palè Kreyòl









Florida Community Health Center, Inc. is an FTCA Deemed facility. This health center is a Health Center Program grantee under 42 U.S.C. 254b, and a deemed Public Health Service employee under 42 U.S.C. 233(g) - (n).

FAMILY PROGRAMS



FAMILY SELF-SUFFICIENCY AND VOCATIONAL TRAINING PROGRAMS

TRAINING COURSES AVAILABLE:

- Commercial Driver's License (CDL)
- Entrepreneurship
- Phlebotomy
- Home Health Aide (HHA)
- Patient Care Assistant (PCA)
- Patient Care Technician (PCT)
- Electrocardiograph Technician (EKG)
- Barbering
- Culinary
- Warehouse

- Forklift
- Cosmetology
- Heavy Equipment Mechanic
- Networking Support Technician
- Network Security
- Welding
- Computer Literacy I & II
- Microsoft Office Suite I & II
- Financial Management
- Work Readiness
- GED Prep & ESOL Classes

SELF-SUFFICIENCY SERVICES:

- Case Management
- Financial Management
- Job Readiness Skills
- Employment Services
- VITA Tax Services
- Referrals

TO QUALIFY:

- Reside in Palm Beach County
- Total Household income must be at or below 200% Federal Poverty Guidelines

For more information, call (561)355-4792











Program Services Accomplishments 2022-2023:

Our programs at The Glades Initiative revolve around increasing access to health and human services by removing the barriers that both residents and providers encounter within the system of care. We do this through increasing communication, collaboration, and by connecting residents to services. Our mission is to improve the coordination and effectiveness of the health and human service in the Glades area of Palm Beach County.

Connecting the Glades

Our Community Resource Educators assisted over 3,850 uninsured and underserved Glades residents with access to various health and human services. This past year, even with Glades residents with access to various health and human services. Inis past year, even with all the challenges that COVID-19 brought to our service delivery, we assisted 3,001 of our low-income residents with the online application process for DCF Services such as: Medicare/Medicaid and SNAP (Food Stamps). Most of the residents served at The Glades Initiative (95%) face barriers in receiving services because of limited English language skills, low literacy levels and lack of access to computers and internet.

We also provided hundreds of residents with enrollment assistance for Health Care District programs and Kid Care. With services turning online, our clients, continue to face challenges to complete applications. More than 2,861 other services and referrals were provided for translation, interpretation, Emergency Utility payment applications & PBC Human Services. Our clients this year received well over \$2.9 million of SNAP (Food Stamps) dollars, which totals almost \$5.3 million in Gross Domestic Product (GDP). The USDA calculates that each SNAP dollar generates GDP @\$1.84.

With health coverage and hundreds of visits to the doctor covered by Medicaid, Palm Beach County Health Care District or Kid Care health insurance applications processed by our bilingual staff at The Glades Initiative, we have assisted our clients in accessing services valuing over \$11 million.

The Glades Initiative staff participated in in over 61 outreaches to more than 3,362 of our most vulnerable residents to provide them with information about local services

Our strategies involve numerous community partners working collectively to address food security issues in the Glades and develop and implement solutions to these issues

The Glades Area Food Bank
Our Glades Area Food Bank is targeted to serve Glades food insecure families. This past year The Glades Area Food Bank served 7 partner agencies. The 6 food pantries served fed 96,560 extended family members (duplicated) with 34,446 food bags to Glades area households. In addition, our one hot meal partner served 47940 meals (total 82,386 food services). We distributed food valued at \$1,042,219.00

The Food Pantry at The Glades Initiative

49,281 food insecure residents (dup) benefitted from our Food Pantry's week distribution this past year. The pandemic dramatically increased the need in our community. We distributed past year. The pantenne Grannateany interested the need in our continuinty. We distributed of 674,016 pounds of food this past year to 17,627 households (dup). We served an average of 350 households each week and distributed an average of 13,216 lbs. of food weekly. This year, 4,903 unique people in 1,681 households received food from our weekly distribution this past year. The past two years, our CHOICE pantry has served 7,903 unique residents, 29% of the total population of our community. That's one in every 3 people!

Our Women's Health Navigator helps women access health screenings and services while identifying resources to cover the associated expenses. We navigated 77 women who received mammograms, PAP smears and other health services this past year.

Senior Support Program

Caring for 51 of our vulnerable seniors, who have limited family support and need some attention and healthy food delivered weekly to their homes, aging in place with dignity. An additional 31 senior also received home delivered groceries each week.

<u>Nutrition Education Classes -Cooking Matters</u>
Our Nutrition Education program is a 6-week nutrition class targeted to low-income residents that teaches kids, teens and families how to prepare healthy meals on a budget. It builds residents' skills in food affordable shopping, increasing healthy food choices and preparing healthy meals. Even with COVID-19 affecting our trainings this year, we had 41 participants in three 6-session classes two held for Seniors and one with The First Haitian Baptist summer youth program. A total of 487 participants have graduated from the class since it was first started in 2014.

Medical Interpreter Training

With the ultimate goal of reducing the barriers of language and culture for health and human services staff providing services to residents with Limited English Proficiency (LEP), we offer a 40-hour Medical Interpreter Training. In the last seven years, this program graduated 181 participants.

Glades Communications
The Glades Initiative serves as a point of communication for health and human service providers and community residents. One of our most popular communication tools with over 2,474 subscribers is our weekly email newsletter, "The Glades Community Updates," a compilation of available services, meetings, events and information going on throughout the community. You can subscribe on our website at www.gladesinitiative.org

The Glades Area Resource Guide: Health and Human Services

We finished updating the <u>Glades Area Resource Guide</u>, and will be distributing copies soon. The guide is a comprehensive, up-to-date listing of over 175 service providers in the Glades. The last printing produced 750 hard copies distributed, with hundreds more downloaded digitally. Come inquire about your copy of the new 2024 Resource Guide.

The Online Calendar

Our online community calendar is one of the most effective tools for keeping up with not only health and human service activities but most events happening in the Glades Community.

Glades Initiative Trainings

The Glades Initiative facilitates and coordinates various meetings and training sessions related to relevant topics in the health and human services system of care in the Glades.

Background Screening
The Glades Initiative offers Level II (federal and state) background screening for organizations that have this requirement of their employees working with vulnerable populations. In this fiscal year, background screenings have been provided to 514 people. Since its inception in 2012, 4,461 people have been screened. By offering services locally, local providers saved over \$669,150 in mileage and wage expenses. (\$150 /each).

> 149 S.E. Avenue D, Belle Glade, FL 33430 Phone (561) 996-3310 * Fax (561) 996-3349 * www.gladesinitiative.org

GLADES INITIATIVE RESOURCES

Communication Tools for Residents & Providers

The Glades Initiative serves as a primary source of communication to and between Glades families and health human service providers. We offer a number of mmunication tools geared towards the coordination and effective delivery of health and human services in our

Glades Community Updates

Over 2,000 individuals subscribe to The Glades Updates, a weekly eblast, and compilation of available services, meetings, events and information going on throughout the Glades community. To subscribe, visit our website st www.gladesinitialive.org or our Facebook page.

Glades Area Resource Guide

The Glades Area Resource guide, available by download is a compilation over 175 organizations serving the Glades area. updated every other year. The Resource Guide, the weekly eblast and the web calendar are some of the most effective ways to keep up with the many services and activities in the



Level II Background Screening

The Glades Initiative offers Level II background screen fingerprinting for agencies requiring this service of their employees and volunteers. Prior to the launch of our background screening program, many partners drove to the coast for these services, spending significant resources in employee time



Collaboration • Connection Communication • Community

> 149 SE Avenue D Belle Glade, FL 33430 Tel: 561,996,3310 Fax: 561-996-3349

Senior Support in the Glades:

Visit our website to learn more www.gladesinitiative.org

The Glades Initiative's newest pilot program provides support to senior citizen residents in the community who live independently but may need extra support to stay in their home and age in place with dignity. The resident in this program receive weekly contact with staff as well as weekly food delivery to their home. They are invited to participate in quarterly gatherings to learn more about topics such as: how to manage their chronic disease. health and nutrition sessions and social activities

Helping Families Access Vital Services

Our Community Resource Educators are bilingual in Spenish and Haitian Creole and assist families with limited English, low Iteracy, and limited or no access to computers with enrollment in safety net services such as SNAP and Medicaid/Medicare.

The Glades Initiative assisted over 3,000 residents each year with access to services. The services that our clients are able to receive are valued at more than \$8 Million.

Each year, we help our clients access more than \$1.2 Million of SNAP - increasing our community's access to nutritious

We also assist over 3,000 residents with enrollment in health care coverage each year. Our employees efforts to bring these federal benefits into our community help not only the families receiving them, but also help with badly recoded economic stimulation.

Health & Human Service Collaboration

The Glades Initiative is uniquely situated to facilitate regional collaboration among local providers.

System of Care Meeting Coordination

The Glades Initiative coordinates various health and human service meetings in the Glades in order to ensure the coordination and effective delivery of services.

Trainings & Workshops

Transmings & WONTENDED.

The Glades indivirus facilitates and coordinates trainings related to relevant topics in the health and human services in the Glades. This past year we offered a number of well attended trainings some geared towerds local health and human service providers such as medical interpreting, conflict management, and public speaking. Others for residents in general, including Financial Literacy and Nutrition Education among others.

Glades

Initiative



Access to Healthy & Affordable Food

Our Glades Area Food Bank provides emergency food supplies to 14 Glades lood pantries/soup kitchens. Our food bank member sites provide food for thousand of hungry famil lies each year.

Our Food Pantry provides weekly, suppl than 7,500 individuals (duplicated) each year.

Our Strategic Planning for Food Security in the Glades in volves numerous community partners working collectively to address systemic issues.

Cooking Matters Nutrition Education

Because we believe in helping people help themselves, we offer the research-based Cooking Matters ** Program to teach oner me research-cased cooking means — "Organia to say families how to prepare healthy meals on a low budget. Six specialized curricula are offered in English Spanish and Haltian Creole.



-Food Stamps/SNAP -Medicaid/Medicare -Other applications

149 SE Avenue D Belle Glade, FL 33430

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149 SE Avenue D Belle Glade, FL 33430

Aplike pou: -Asistans Piblik Manie -Stamps/SNAP -Medicaid/Medicare

-Epi lot sevis



HORARIO DE DISPENSA

& 2:00 - 4:30 pm

DE ALIMENTOS Martes: 3:00-7:00 pm Miercoles: 8:30-11 am







561-996-3310

561-996-3310

561-996-3310 TAN GADMANJE Madi: 3:00-7:00 pm Mekredi: 8:30-11 am & 2:00 - 4:30 pm Sak nou bezwen:

• Kat idantité-w (ID)

• oswa kat manjé The Glades Initiative té ba nou a kou éspéré fléxibilité le "Chwa manjé" a ap pémét nou sevi nou pi byen. Nou ka vin fe shop nan gadmanja è yon fwa cha émén nan le li ouvé a. Nan "Chwa Manje" a, nou ka chwaz nou vié ak sa nou bézwen (sélon régléman yo) 561-996-3310



149 SE Avenue D, Belle Glade, FL 33430 www.gladesinitiative.org



Programa de apoyo para personas mayores

¿Conoce a alguien mayor de 65 años que vive solo y necesita apoyo adicional? El Programa de Apoyo para Personas Mayores de The Glades Initiative está disponible para ayudar a las personas mayores a permanecer en sus hogares y disfrutar de las comodidades que son importantes para ellos mientras reciben servicios para mantener su calidad de vida.

os servicios pueden incluir:

- Entrega de comida semanal
- Visitas de bienestar
- Educación sobre nutrición y manejo de enfermedades
- Educación financiera
- Asistencia con las solicitudes de SNAP, Medicaid, y mucho más

APOYANDO A NUESTROS ANCIANOS CON DIGNIDAD.



Para mas informacion, llame a 561-996-3310

The Glades Initiative Our people are cur fortuna.

The Glades Initiative's Senior Support Program

Do you know of a senior 65 or older who lives alone and is in need of extra support? The Glades Initiative's Senior Support Program is available to assist seniors stay in their homes and enjoy the comforts that are important to them, while receiving services to maintain their quality of life.

HELPING OUR SENIORS AGE IN PLACE WITH DIGNITY.

Services May Include:

- Weekly Food Delivery
- Social and Wellness Checks
- Nutritional and Disease Management Education
- Financial Literacy Education
- Assistance with SNAP and Medicaid applications, and much more

The Glades Initiative
Our people are

For more information, you can reach us at 561-996-3310

The Glades Initiative. 149 SE Avenue D. Belle Glade. FL 33430



CITY OF SOUTH BAY COMMISSION AND STAFF WISHES EVERYONE

